Westmoreland Association of Volunteer Administrators



2018-2019 Volunteer Opportunity Guide

<u>www.volunteerwestmoreland.org</u> 724-420-4184 WAVA is proud to present the Volunteer Opportunity Guide – the most comprehensive guide to volunteer opportunities published in our area. In the future we hope to continue to update and expand this guide to help people continue to serve the community.

In addition to the many agencies, there is also information for college students looking for internship opportunities. Yet another opportunity to help agencies and people who might wish to help.

Thank you for taking the time to look through the Volunteer Opportunity Guide. Your support provides solutions to many critical needs in the area. We hope that you can find a meaningful opportunity to share your time and talent.

WAVA Volunteer Opportunity Guide

This booklet was prepared by Westmoreland Association of Volunteer Administrators for concerned citizens to determine where they can volunteer and make a difference in our community.

Seventh Edition 2018

Westmoreland Association of Volunteer Administrators (WAVA) PO Box 493 Greensburg PA 15601

Our mission is to encourage quality volunteerism in Westmoreland County by assisting, supporting and networking with agencies and organizations that utilize volunteers.

WAVA has made every effort to ensure the accuracy and reliability of the information in this guide; however, WAVA cannot be held responsible for the accuracy of the information or for the services delivered. Inclusion in the guide does not imply endorsement nor does exclusion imply disapproval of an organization. All agencies included in this guide are members in good standing with Westmoreland Association of Volunteer Administrators, as of June 2018.

If your organization does not appear in the Volunteer Opportunity Guide and you would like to be included in future editions, please contact WAVA.

Using the Volunteer Opportunities Guide

On the following pages, you will get an idea of how much good is being done in Westmoreland County, and how much still needs to be done. Every day the organizations listed in this guide struggle to make the area a better place to live. They are able to help their clients only because people like you, hardworking, thoughtful and caring, take the time to volunteer their energy, intelligence, compassion to lift one person at a time.

Please take a few minutes to look at the "Tips for the Volunteer" section before you select an organization. It contains very helpful information and may assist you in making the right choice.

You will find the organizations (listed in alphabetical order) and the needs they meet. A brief description and the listing of opportunities are included. Such things as location, minimum age of volunteers and other pertinent information are mentioned.

If you are a student who is interested in working directly with an organization, you may find one that fits your learning needs by checking out the Internship Available notations.

Thank you for taking the time to use the Volunteer Opportunities Guidebook. We hope that it leads to a rewarding, long term volunteer experience. And please mention to the organization that you found them in the *WAVA Volunteer Opportunities Guide.*

Volunteering Tips.....

Before You Call....

Know what you want to do. Take some time to think about how you want to help. Start with the basics: What do you like to do? What are you good at? What issues concern you? Are there limits to where you want to volunteer? Write down your thoughts and use them to help you find the right volunteer opportunity. If the organization has a web site and you have online access, you may find it helpful to look at their website to learn more about the organization.

When You Call....

Ask questions. It's best to ask any questions you have when you first call an organization. You and the organization can then determine if you are a good match.

Be understanding. Organizations cannot always take you on as a volunteer, even though you are willing to help. If an organization can't use you at this time, don't be discouraged. Just call back at a later date or find another organization that needs you now.

Be honest. If the organization needs someone with skills you don't have, or they require a longer commitment than you are willing to give, be honest with them. They will try to find an activity that matches your abilities if at all possible.

Be persistent. If someone doesn't call you back immediately, don't assume they don't need you. Most organizations have small budgets and staff to handle overwhelming demands and they usually are very busy. Simply call back.

When You Volunteer....

Be responsible. Make sure to dress and act appropriately. Show up on time. If you have to be late or absent, call the volunteer coordinator as soon as possible. Help them find someone to fill in for you.

Be realistic. You may not always see the impact your efforts are making. Volunteering is hard work, the problems are often profound, and the victories usually small. Never doubt that you're making a significant difference.... YOU ARE!

Be humble. Most people will thank you for your efforts, but some may not. Remember that people appreciate your efforts even if they don't say it.

Be creative. Volunteer your skills and ideas will come with time. Think about all the ways you can use your special talents to make a difference. Talk about your ideas with everyone. Work to make your new ideas solve old problems.

Group Volunteering...

Be prepared. Before you call, figure out what type of organization you'd like to volunteer for, how many people will be in your group and when you can help.

Be understanding. Some organizations do not need groups to help, and most only need them at certain times. Don't be discouraged if an organization cannot use your group. There are others that can.

Be flexible. Don't tell an organization when you will come to help. Instead, ask when they need you.

Be reliable. Show up on time with the number of people you promised. Be prepared to work hard. The harder you work the greater impact you will make.

Finish what you start. If your project runs longer than you expected, work until it is completed. You have volunteered to do a job so don't leave it unfinished.

Think past one time. Most organizations that use volunteer groups would love to have them return on a regular basis. Working regularly with an organization is rewarding for the volunteers and helps the organization meet the needs of their clients.

Daytime Volunteering

Try to be flexible with your time. Because of work or school, you may only be able to volunteer in the evening or on weekends. If you have free time during weekdays, however, many organizations would be happy to have you help.

Special Needs

Talk with the organization. Most organizations will make every effort to accommodate volunteers with special physical needs. If you have such needs, talk with the volunteer coordinator about them during your first call.

In-Kind Help

Help in other ways. Organizations can always use help in the form of equipment, supplies or gifts. Look around your home or place of work for quality items you no longer use but an organization might need. Also consider donating new items to an organization.

Give what is needed. When determining where to make your donation, call the organization and ask for their "wish list."

Be helpful. Because many organizations do not have the means to pick up your donation, be prepared to drop off the item yourself.

Be creative.

- Use your coupons for free items that you may not need for things that can be used by the organizations listed.
- Free items from rebate coupons are also greatly appreciated.
- Ask birthday or anniversary party guests to bring a donation for your favorite charity.
- Include a charity in your will or call them about planned giving programs.
- Request donations to an organization instead of flowers for a loved one's funeral.

Fundraising

Call first. Although most organizations welcome office, group or family fundraisers on their behalf, contact the organization you wish to fundraise for in advance. That way you will be sure that what you plan to do does not conflict with something that is already planned and is conducive with their policies.

Internships

Each of the colleges in Westmoreland County offer internship programs. Internship programs place students with an agency or business for a set amount of time to learn about the business, get hands-on experience and assist the agency. Depending upon the situation the intern may work on day-to-day tasks and other times a single project. In turn the agency will be helping the student learn more about their chosen field and have something to add to their resume. Having young people working for your agency can be a wonderful experience. They often have new ideas, great energy and abilities that can be channeled into improving your agency. Some internships are done at no cost to the agency, others are paid a stipend and some are paid at an hourly rate.

If you have a need in your organization that might be filled by an intern, call the college office and talk to them about your expectations.

Saint Vincent's College Office of Career Services 724-805-2070

Seton Hill University CareerWorks 724-838-4286

University of Pittsburgh at Greensburg Career Services 724-836-7182

Westmoreland County Community College Placement Cooperative Education 724-925-4058

Penn State, New Kensington Career Services 724-344-6065

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YWCA Westmoreland County

412 Food Rescue

6022 Broad St.
Pittsburgh, PA 15206
412-573-9490
www.412FoodRescue.org

About Us: 412 Food Rescue works to eliminate food waste and food insecurity by working with local businesses to rescue their surplus food and deliver it to community based organizations, who then are in turn able to distribute it to those in need. Volunteers are the heart of the organization, they are the ones who pick up food from donors and deliver it to our nonprofit partners for distribution.

Opportunities: In Westmoreland County 412 Food Rescue has strong partnerships with local businesses and nonprofits, we are looking to build our volunteer force in these areas to ensure that all surplus food is rescued and given to those in need. Many of our rescues are done by using the 412 Food Rescue app, which can be downloaded onto any smartphone. The rescues can be done on a flexible day and time that works for the volunteer. We also have "regular rescue route" options that don't require the app.

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes

ACHIEVA/The Arc of Westmoreland

316 Donohoe Rd. Greensburg, PA 15601 724-837-8159 www.achieva.info

About Us: ACHIEVA was founded in 1951 by a group of family members who all desired the same thing, to ensure their children with disabilities had the same chances in life that all children should be given. Their commitment helped to establish a nationwide movement that changed the long history of isolation and segregation for both children and adults with disabilities. Statement of Mission: ACHIEVA supports and empowers individuals with disabilities and their families.

Opportunities: Employment

Minimum Age: 18

Allegheny Health Network - Healthcare @ Home Hospice

11929 Palomino Court North Huntingdon, PA 15642 412-235-8801

www.ahn.org/specialties/healthcare-at-home/hospice/hospice-volunteer-program

About Us: Allegheny Health Network's Healthcare @ Home Hospice recognizes death at the final stages of life, a sacred time. Our purpose is to enable patients to live an alert, pain-free life with dignity. On this journey together, our mission-focused hospice care is not about death; it's about living life as fully as possible. At Allegheny Health Network, we affirm life and do not hasten or postpone death. It is our privilege to care for our patients and their loved ones as if they were our own.

Opportunities: If you are looking for an opportunity to grow personally and spiritually and to touch the lives of your neighbors and community, please consider joining the exceptional team of hospice volunteers at Healthcare @ Home. A hospice volunteer is present in many different ways for our patient and their family, but above all, being a hospice volunteer will forever change your life and your outlook on life. www.ahn.org/volunteer-application

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes



Allegheny Valley Association of Churches

1913 Freeport Road Natrona Heights, PA 15065 724-226-0606 www.avaoc.org

About Us: AVAC is made up of clergy and lay people from 50 churches in the Allegheny Valley. Since 1958, AVAC has reached out to people throughout the Allegheny Valley region, with programming provided without regard to religious beliefs or any discrimination. We are committed to providing a wide range of services to those in need in our community- the homeless, those living in poverty, the elderly, and sick or disabled individuals. Programs are designed to help low-income families achieve self-sufficiency.

Opportunities:

- Food Bank is open every Wednesday. Volunteers are needed from 9am-5:30pm.
- Produce to People is a once a month mass food distribution on the 2nd Tuesday from 5:30-7:00pm.
- Interfaith Network is a Program that houses homeless families in churches. Volunteers are needed to cook and serve meals, and stay with the families from 5pm-7am.
- Faith-In-Action uses volunteers to assist senior citizens and disabled members of the community with "acts of kindness". Tax prep and office help is also needed.

Minimum Age: 16 with supervision



Alle-Kiski Area HOPE Center, Inc.

500 East 8th Avenue, P.O. Box 67 Tarentum, PA 15084 724-224-1100 www.akhopecenter.org

About us: HOPE offers supportive service, opportunities for healing, and community education to assist victims and end violence and abuse.

Opportunities: Office projects in the administrative building, Event planning.

Minimum Age: All ages are welcome. Certain volunteer opportunities may require

minors to be accompanied by a parent/guardian.

Evening/ Weekend: Yes Internship available: Yes

Amedisys Hospice

109 Crossroads Road, Suite 400 Scottdale, PA 15683 724-887-3161 www.amedisys.com

About Us: Our Mission: Why we are here. We honor those we serve with compassionate home health, hospice, and personal care services. We apply the highest quality clinical practices towards allowing our patients to maintain a sense of independence, quality of life, and dignity. Our Values: Who we are and what we stand for; Service- Remember why we are here. Passion- Care and service from the heart. Integrity- Do the right thing, always show respect.- Communicate- openly and honestly.

Opportunities: Activities with patients: **Offering companionship:** reading or writing letters, playing cards or board games, music, knitting, and veteran to veteran visits. **Emotional Support:** Providing respite for caregivers, attending funerals, participating in memorial services. **Professional:** Pet therapy, music therapy, hairdresser/barber, art therapy and Reiki/massage/other alternative therapies. **Administrative Support:** Creating Chart-a-Life posters, support with bereavement mailings, answering phones.

Minimum Age: 16

Angela's Angels

PO Box 717 Greensburg, PA 15601 724-836-6444 www.AngelasAngels.org

About Us: Angela's Angels is a 501 non-profit whose purpose is to provide FREE prom wear and special occasion wear to local economically disadvantaged young ladies.

Opportunities: To help assist young ladies with gown choices (Personal

Shopper)

Minimum Age: 18

Evening/Weekend: Yes Internship Available: Yes

AseraCare Hospice

300 Penn Center Blvd, Suite 602 Pittsburgh, PA 15235 412-513-5520 www.aseracare.com

About Us: Our mission is to share our passion for improving quality of life through innovative healthcare, one person, one family and one community at a time.

Opportunities: Internship, Patient Companion Volunteer, Administrative Volunteer, Music Therapy Volunteer, Pet Therapy Volunteer, Massage Therapy Volunteer, Vigil Volunteer.

Minimum Age: 10

Big Brothers & Big Sisters of the Laurel Region

106 North Main Street Greensburg, PA 15601 724-837-6198 www.bbbslr.org

About Us: Our mission is to provide children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.

Opportunities: Become a school or community based mentor.

Minimum Age: 18

Evening/Weekend: Yes Internship Available: No

CASA of Westmoreland, Inc.

2 North Main Street Greenburg, PA 15601 724-850-6874 www.westmorelandcasa.org

www.westmorelandcasa.org

About Us: CASA (Court Appointed Special Advocates) of Westmoreland, Inc. is a volunteer-based organization providing a voice in the courts on behalf of abused and neglected children in Westmoreland County. CASA assists the courts to ensure the child is placed in a safe, permanent, and nurturing home.

Opportunities: CASA volunteers can advocate for a child in court- CASA volunteers can assist in general office duties. CASA volunteers are encouraged to attend and assist at community outreach events. Training is provided.

Minimum Age: 21

Catholic Charities of the Diocese of Greensburg

711 East Pittsburgh Street Greensburg, PA 15601 724-331-6802 www.dioceseofgreensburg.org

About Us: Catholic Charities is the primary social service agency of the Diocese. Our mission is to serve the human needs of individuals and families, regardless of their religious affiliation, and to provide leadership in building collaborative efforts with parishes and communities in addressing these needs.

Opportunities: Volunteers are needed for our Helpline which provides for immediate basic life necessities before, during and after regular business hours. The helpline shifts are 5pm-12am and 12am-9am on weekdays and there are weekend shifts as well.

Minimum Age: 18



Excela Health

One Mellon Way Latrobe, PA 15650 724-537-1357 www.excelahealth.org

Frick Hospital

508 South Church Street Mount Pleasant, PA 15666 724-547-1037

Westmoreland Hospital

532 West Pittsburgh Street Greensburg, PA 15601 724-832-4099

Excela Square at Latrobe

100 Excela Health Drive Latrobe, PA 15650

Latrobe Hospital

One Mellon Way Latrobe, PA 15650 724-537-1024

Excela Square at Norwin

8775 Norwin Avenue North Huntingdon, PA 15642

About Us: Our mission is to improve the health and well being of every life we touch.

Opportunities: Volunteers work in the Emergency Department, Gift Shop, Information Desk, as a Care Team member, as a Cuddler, and other areas of the hospital.

Minimum Age: 16



Heritage Hospice

2400 Leechburg Road, Suite 300 New Kensington, PA 15068 724-334-6600 www.heritagehospicepa.com 1275 S. Main Street, Suite 204 Greensburg, PA 15601

About Us: Heritage Hospice is a family-owned hospice that takes pride in providing patients with comfort, dignity and peace, either in the comfort of their own home or in a skilled facility of their choice.

Opportunities: Patient/Family Visitor and Support Volunteers- companionship, listen read, run errands, caregiver breaks, life review, music, veteran match. Pet Therapy. Volunteers (must be trained/certified): visit with patients. Administrative Support Volunteers: office tasks, projects, and support. Community Volunteers: sewers of Memory Bears (heart and pillow options). Bereavement Support Volunteers: mailings, phone calls, follow-up. Special Events

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes

Kiwanis Club of Greensburg

Meet at Boulevard Restaurant 900 Towne Squre Drive Greensburg, PA 15601 724-372-0150 www.facebook.com/KiwanisClubofGBG

About Us: Kiwanis Club of Greensburg is part of a global organization of volunteers dedicated to changing the world one child and one community at a time. Our club supports many local initiatives and nonprofit agencies through volunteer hours and funding.

Opportunities: Kiwanians believe that when you give a child the chance to learn, experience, dream, grow, succeed, and thrive great things happen. Most of our service projects are focused on youth.

Minimum Age: 18

Laurel Faith in Action

428 Main Street P.O. Box 854 Latrobe, PA 15650 724-539-4357 www.laurelfia.org

About Us: Our mission is "to enhance the quality of life for persons 60 years and older, who reside in the Greater Latrobe, Unity, Ligonier, and Derry areas by providing companionship and assistance." No personal or medical care provided an average of up to 2 hours per week.

Opportunities: In winter months, we need more help transporting recipients to medical appointments and to the store. We also need shoppers who will shop for groceries. Visits and calls and caregiver relief are also much needed. Snow shoveling walkways is in high demand too. We also need volunteers for committee work planning annual fundraising event in April. If you have 2 hours to spare, we have countless ways to be involved and it is a great fellowship with over 200 adult and 300 youth volunteers.

Minimum Age: All ages but under age 18, must be supervised by an adult.

Evening/Weekend: Yes Internship Available: Yes

Life-Way Pregnancy Center

1516 Ligonier Street Latrobe, PA 15650 724-539-2002 www.encourageinglife.org

About Us: Offer all services free of charge and without requirements. Staff and leadership are pro-life Christians who share their faith in word and deed. Services include pregnancy education, parenting skills, adoption support and life skill classes. Nursery supplies and equipment and maternity and infant clothing are also provided.

Opportunities: One on one peer counselors, life skills group instructors, light office cleaning, general office/administrative assistance, and fund raising.

Minimum Age: 18 Evening/Weekend: No Internship Available: Yes **Ligonier Valley Learning Center**

117 Juniper Lane Ligonier, PA 15658 724-238-5556

www.ligoniervalleylearningcenter.com

Latrobe Kinder Schull 320 McKinley Avenue Ligonier, PA 15658 724-537-2565

About Us: Ligonier Valley Learning Center is committed to quality Early Childhood Education and Mental Health Wellness to enhance the lives of children, youth, and adults. We implement Best Practices in our PA Pre-K Counts and Childcare Programs and utilize evidence based practices in Outpatient and Behavioral Health Rehabilitation Services. We help individuals reach full their potential in positive early education and effective clinical mental health programs.

Opportunities: Volunteers work in our NAEYC accredited and Keystone Stars 4 Childcare classrooms. Help with our Saturday Mental Health Wellness groups for children.

Minimum Age: 21

Evening/Weekend: Yes Internship Available: Yes

Lincoln Highway Heritage Corridor

3435 State Route 30 East Latrobe, PA 15650 724-879-4241 www.LHHC.org

About Us: As one of PA's twelve designated heritage areas, our work takes place in a six-county region along the historic Lincoln Highway from North Huntingdon to beyond Gettysburg. Our nonprofit also manages/administers the Lincoln Highway Experience Museum, located between Latrobe and Ligonier. This site tells the story about the One Road that Changed America Forever, with small exhibits and XL ones like a restored diner tourist cabin.

Opportunities: Greet visitors; accept admission fee; utilize Tour Mate audio wand. Staff Museum Gift Shop; handle purchases. Serve pie and coffee inside the restored 1938 diner. Once or twice a month during nice weather, monitor Big Blue Sponge Blocks for children under the age of 9 to play with in a designated outdoor area, while their parents are present. Museum open all year, Mon. thru Sat., opening at 9am, with the last visitor at 3pm.

Minimum Age: 18

Medi Home Hospice

201 Penn Center Blvd. Suite 300 Pittsburgh, PA 15235 412-702-1870 www.MedicalServicesofAmerica.com

About Us: Through a process of education and direct care, our mission is to provide quality care to the terminally ill patients, families, significant others, and caregivers in the communities for which we are licensed to strive. Our hospice care services provide a specialized program of care provided for patients and their families who are facing life-limiting illnesses. At Medi we honor our veterans through the We Honor Veterans Program.

Opportunities: We are always in need of the following volunteers: Administrative, Bereavement, Patient Visitors, Pet Therapy, Hand Therapy Massage, and Music Therapy. Our volunteers are greatly appreciated and a big part of Medi Home Hospice's team. Training is provided.

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes

Open Your Heart to a Senior, United Way SWPA 1011 Old Salem Road, Suite 101 Greensburg, PA 15601 724-542-4117 www.unitedway4u.org/OYHS

About Us: Open Your Heart to a Senior, formerly Faith in Action, enriches the lives of our senior neighbors by matching volunteers with older adults in need of supportive companionship and assistance, thus extending their ability to remain living independently. Volunteers provide a range of non-medical services including telephone reassurance, appointment escorts, supportive errands, home visits, home safety checks, and care giver relief.

Opportunities: Transportation to medical appointments and grocery shopping, Appointment Escort Supportive Visitor, Supportive Telephone Calls, Caregiver Relief, Handy person for minor repairs. Home Safety Check volunteer, Yard work and Gardening. Office assistance, Fundraising and Event Planning Assistance.

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes

OSPTA Home Health and Hospice

4325 SR 51 North Belle Vernon, PA 15012 724-328-9720 www.osptavolunteers.com

About Us: Visit hospice patients. Looking for some, who plays instruments and/or sings. Need someone to sew memory bears and fidget blankets. Looking for Veterans to visit with Veterans and help with recognition and pinning ceremonies.

Opportunities: Veterans Music Therapy, Social visits, Play games, Read, End of life comfort care.

Minimum Age: 16

Evening/Weekend: Yes Internship Available: Yes

Redstone Presbyterian Senior Care

126 Mathews Street, Suite 2800 Greensburg, PA 15601 724-832-8401x378 www.redstonehighlands.org

GREENSBURGMURRYSVILLENORTH HUNTINGDON6 Garden Center Dr.4951 Cline Hollow Road12921 Redstone Dr.Greensburg PA 15601Murrysville, PA 15668N. Huntingdon, PA 15642

About Us: Retirement community for senior citizens wanting independent living, assisted living, and healthcare services. *Three locations:* Greensburg, Murrysville and North Huntingdon. Redstone is a leading aging services network partner within the communities that we serve.

Opportunities: Cashier in Gift Shop, In house escort to worship, beauty shop and/or programs. One on one visits with seniors, assist with games and other activities. Worship leader, Activity Leader, piano player, friendly visitor with approved pet. Mail sorter.

Minimum Age: 12 (younger volunteers must be accompanied by adult)

Weekend/Evening: Some Internship Available: Yes

Redstone@Home-Hospice

6 Garden Center Drive- Annex North Greensburg, PA 15601 724-221-6040 www.redstonehighlands.org

About Us: Redstone@Home is a Christian, non-profit organization open to all faiths, that is dedicated to providing living alternatives and high quality services that help to meet the changing needs of the community.

Opportunities: Companionship Volunteer, Bereavement Volunteer, Vigil Volunteer, Administrative Volunteer

Minimum Age: 16 Evening/Weekend: Yes Internship Available: Yes

RSVP/APPRISE of Westmoreland County

Westmoreland County Community College 145 Pavilion Lane Youngwood, PA 15697 724-925-4213 www.wccc.edu

About Us: RSVP is a national volunteer organization that recruits individuals 55 years and older to volunteer in various non-profit organizations in the community. RSVP will try to match the volunteers with the opportunities so that they have a meaningful experience and make a difference in the community.

Opportunities: Our volunteers vary from weekly, monthly to just volunteering special events. We offer opportunities that require a lot of training with a time commitment to opportunities that are on occasion to working on a bulk mailing.

Minimum Age: 55 Evening/Weekend: No Internship Available: No

Society of St. Vincent dePaul, BSC Conference

300 North Main Street Greensburg, PA 15601 724-834-3710

About Us: The Society of St. Vincent de Paul, a Catholic lay organization, leads women and men to join together to grow spiritually by offering person-to-person service to those who are needy and suffering in the tradition of its founder. Blessed Frederic Ozanam, and patron St. Vincent dePaul. We focus on helping our local neighbors in need of food, clothing shelter and many other basic requirements. Volunteers do not have to be Catholic to work with us.

Opportunities: Our volunteers distribute food at our local monthly food pantry or outdoors at an "Operation Fresh Express." We have special programs at Christmas and for children going back-to-school. Throughout the year we collect items such as paper products, winter coats, and winter accessories as needs develop. We also conduct home visits to determine individual needs. In addition, our volunteers work in the Greensburg St. Vincent dePaul Store helping customers and selling merchandise.

Minimum Age: 16, Younger children may be permitted on some projects with an

adult.

Evening/Weekend: Yes Internship Available: No

Stoneybook Foundation, Therapeutic Riding Center

260 Mountain Trails Lane Acme, PA 15610 724-613-3312 www.stoneybrookfoundation.org

About Us: Stoneybrook Foundation's mission is to improve the lives of children and adults with special challenges through a therapeutic partnership with horses.

Opportunities: Therapeutic Riding Instructor Assistant (horse leader or side walker) Barn and Facility Maintenance Volunteer, Administrative Volunteer (office, filing, mailings, special events, etc.)

Minimum Age: 12, co-volunteering with guardian (barn only), 15 for all

opportunities

Torrance State Hospital

State Route 1014, P.O. Box 111 Torrance, PA 15779 724-459-4464

www.dhs.pa.gov/citizens/statehospitals/torrancestatehospital/

About Us: Torrance State Hospital is committed to provide all persons who have serious mental illness, including those with a reoccurring disorder, the opportunity for growth, recovery, and inclusion in their community. This is provided through evidence and promise-based psychiatric treatment and substance abuse services, access to the supports and services of their choice, so individuals may enjoy a quality of life that facilitates personal growth and achievement.

Opportunities: Volunteer for the hospital events and activities, assist with patient activities and recreation. Be a friendly visitor, assist with fundraising events and activities, GED tutor.

Minimum Age: 18

Evening/Weekend: Yes Internship Available: No

Tri-City Meals on Wheels

716 Foster Street PO Box 975 Greensburg, PA 15601 724-837-6117

About Us: We prepare, serve, and deliver approximately 150 meals Monday through Friday. We supply meals to people who are unable to do it for themselves. We provide a hot pack (Meat, Starch & Vegetable) and a cold pack (cookie or angel food cake or muffin). Dessert (pudding or fruit), bread or bun, and milk on Monday, Wednesday, and Friday).

Opportunities: Cook, Driver, Runner

Minimum Age: 21

Evening/Weekend: No Internship Available: No

TryLife Center

1155 Wildlife Lodge Road Lower Burrell, PA 15068 724-339-9399 www.trylife.center

About Us: TryLife Center is a life-affirming pregnancy and family resource center dedicated to promoting physical, emotional, and spiritual well-being through confidential counseling, education and material support.

Opportunities: Child care volunteers, nurse and ultrasound tech volunteers, IT volunteers needed

Minimum Age: 18

Evening/Weekend: Yes Internship Available: Yes

ViaQuest Hospice

610 Park Ave Monongahela PA 15063 724-292-7696 www.viaquestinc.com

About Us: The mission of ViaQuest Hospice is to ensure patients maintain quality of life and dignity in their final days, while also providing support for families and loved ones. We strive to assist our patients in living each day to the fullest. We offer our patients and families spiritual and bereavement counseling, as well as emotional support. Caring and compassionate community volunteers are an integral part of our care.

Opportunities: Making one person smile can change the world! Hold a hand, share a laugh, or listen to a story. No direct/personal care (lifting, transferring/toileting etc.) Volunteer seamstresses are also needed to create memory bears or activity blankets. Flexible hours to fit your schedule-daily/weekly/monthly...days/evenings/weekends. No travel outside your local area. No special skills or education are required- just generosity of the heart.

Minimum Age: 18

Wesley Family Services ParentWISE-Bee Kind Program

521 Plymouth Street Greensburg, PA 15601 www.wfspa.org

About Us: Empower children, adults and families by providing transformational care.

Opportunities: Bee Kind volunteer presenter, who will work with young children in classroom setting to increase positive social skills using the provided curriculum and materials. Advisory Board members are needed for Ice Cream Blast Planning Committee, our yearly fundraiser. This family-friendly event is held on a Saturday during the monthly of July.

Minimum age: 18 Evening/Weekend: No Internship available: Yes

Westmoreland Arts & Heritage Festival

252 Twin Lakes Road Latrobe, PA 15650 724-834-7474 www.artsandheritage.com

About Us: To present exceptional visual arts, traditional crafts, educational activities, and live performing artists to enlighten, entertain, and enrich the community, while preserving and demonstrating Pennsylvania's historical and living cultural heritage.

Opportunities: Misc. office duties such as coping, filing and scanning. On site help during the Festival to include selling drinks and shuttle bus tickets, staff information booth, staff the Westmoreland Art National Fine Art Exhibit building.

Minimum Age: 18 Evening/Weekend: Yes Internship Available: Yes

Westmoreland Cleanways & Recycling

128 Innovative Lane, Suite 200 Latrobe, PA 15650 724-879-4020 www.westmorelandcleanways.org

About Us: Westmoreland Cleanways and Recycling's mission is to protect, restore, and maintain the environmental qualities of our county for the benefit of all who live, work, and visit herein.

Opportunities: Volunteers help at the recycling center and special collection events, staff public displays, and occasionally work on mailings and other officetype work.

Minimum Age: 16 Evening/Weekend: Yes Internship Available: No

Westmoreland Community Action

226 South Maple Avenue Greensburg, PA 15601 724-834-1260 www.westmorelandca.org

About Us: Westmoreland Community Action is a non-profit human service corporation, designated as the official Community Action Agency of Westmoreland County in 1980. For more than 35 years, Westmoreland Community Action has worked with human service providers, government officials, business owners, and residents to develop and provide services that encourage self-sufficiency, personal responsibility, and prevent the decline of neighborhoods and community values.

Opportunities: Monthly Food Bank, Helping at a Head Start Center with kids, General Office work and reception. Annual Fundraisers, American Architectural Salvage

Minimum Age: 17

Westmoreland County Department of Public Safety VOAD-Volunteer Organizations Active in Disaster

911 Public Safety Road Greensburg, PA 15601 724-600-7303

www.co.westmoreland.pa.us/787/Public-Safety

About Us: Our mission is to work together with other volunteer organizations for disaster plans.

Opportunities: Meet other individuals who volunteer their time before a disaster would occur.

Minimum Age: 18

Evening/Weekend: Yes Internship Available: No

Westmoreland County Food Bank

100 Devonshire Drive Delmont, PA 15626 724-468-8660 x 13 www.westmorelandfoodbank.org

About Us: WCFB provides food to those who are hungry or at risk of hunger through its network of food pantries, soup kitchens, emergency shelters and meal and childcare programs.

Opportunities: Volunteer opportunities are available throughout the year for individuals, families and groups.

At our Delmont Warehouse:

. Sort or repack donated food. Help with mailings or data entry. Help with maintenance projects.

In the community:

. Distribute food at pantries. Help at soup kitchens. Facilitate or help with food drives. Pick produce at local farms

Minimum Age: 5 yrs. Age requirements depend on activity.

Evening/Weekend: Yes

Internship Available: Yes. Summer Food Service Program (Mid May-Mid July)

Westmoreland Cultural Trust

102 North Main Street, Suite 232 Greensburg, PA 15601 724-836-1123 www.westmorelandculturaltrust.org www.thepalacetheatre.org

About Us: Westmoreland Cultural Trust is a 501c(3) non-profit organization whose mission is to stimulate cultural and economic development in the Westmoreland County region. We promote the performing arts; we preserve and enhance our region's assets for the benefit of the community.

Opportunities: Westmoreland Cultural Trust volunteer events committee members The Palace Theatre- volunteer ushers

Minimum Age: 18 Evening/Weekend: Yes Internship Available: No

The Westmoreland Museum of American Art

221 North Main Street Greensburg, PA 15601 724-837-1500 www.thewestmoreland.org

About Us: The mission of The Westmoreland Museum of American Art is to stimulate imagination and innovation through great experiences with art.

Opportunities: Docenting- Providing tours, programs and outreach to the public. Curatorial- Assist with research and administrative duties. The Committee for the Westmoreland- Act as an ambassador and help raise funds on behalf of the museum. Museum Shop- Assist with program-related events and monthly museum events. Special Events Bridging the Gap-Public Art Project on the North Main Street Bridge.

Minimum Age: 16 Evening/Weekend: Yes Internship Available: Yes

Word of Life Ministries

4497 State Route 136 Greensburg, PA 15601 724-837-8790 www.wordoflife.church

About us: "Leading People to Life in Jesus" has opened doors to help families in our community in many ways. In addition Christian education for adults, teens, and children we offer care and support through national programs like Celebrate Recovery, Divorce Care, Grief Share, Single and Parenting, and our children with special needs through our SHINE ministry during 11 am Sunday services.

Opportunities: Volunteers are needed with training in Special Education to support the growing number of children in our SHINE ministry during children's church services.

Minimum Age: 18

Evenings/Weekends: Yes Internship Available: No

YWCA Literacy Program of Westmoreland County

424 North Main Street Greensburg, PA 15601 724-834-9390 www.ywcawestmoreland.org

About Us: The YWCA creates opportunities for women and girls to lead purposeful lives and strives for a community that values diversity.

Opportunities: Tutors for Literacy Program, book sorters, work a two-hour shift at our annual used book sale in September, office support, building maintenance, thrift shop volunteers (cashiers, clothing sorters, and steamers), Adult Basic Literacy Tutors, English as a Second Language Conversation partners.

Minimum Age: 18